

The DNA of Success:

How to Release untapped
Ability and Intelligence
with
The One Command®

Video #5

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Activate Your Success DNA

It helps to change subconscious programs when you realize that there is **no such thing as, “a past”**. There is only you now, experiencing thoughts and feelings now. Right now, in the present moment you are re-creating a thought that you have had many times before. You may call it a memory, but you are thinking it now, and re-creating sorrow, pain and grief, or happiness, security and joy, now.

You have every right to change, rearrange, and improve your thoughts about your life, right now. The past is not sacrosanct in that it happened and there is nothing that you can do about it. Yes, that experience did happen, and there is much you can do to change the decisions you made about yourself, and the world as a result of that experience.

A belief from your childhood is something that you created in a moment with the best evidence you had at the time, in order to survive, and to receive love. Does it serve you now to believe that life is limited in the many ways you “decided” especially at a time when you were small, defenseless and powerless rather than to make a new decision, now when you are adult, strong and competent?

Some of those early childhood and cultural programs that you heard then and that you hear now every day are – it’s hard to have what you want – the world opposes you – you have to watch out for the other guy – it’s a dog eat dog world - you can’t trust the other guy - or you have to watch out so others won’t hurt you, - or that you have to work hard to earn a living - or that you have to suffer to learn and grow - or that others can succeed but not you - or that you have to accept your lot in life. Do you want to keep those ideas as the foundation for your SUCCESS? I don’t think so!

The subconscious mind is designed for S u c c e s s !

Now that is an interesting idea isn’t it. But it is true. Your subconscious mind is so susceptible to outside influences and ideas in the general population that it will collapse and stop taking action if it thinks – failure is going to be the result! It is up to you to Command a different understanding of reality so that your success ideas are energized and your greater intelligence seeks solutions rather than problems. Then your conscious, subconscious and superconscious mind, are in agreement in creating the life you truly desire.

**You can keep your memories, yet change
your decisions about yourself and about life.**

What if it were just as true:

That you can trust the other guy; that others want to help you; that it is easy to earn a living; that it is easy to learn and grow even more in ease, than suffering, that you and others can succeed and that you can create any life that you desire?

When we are deeply identified with our beliefs, there is even greater fear that if we change our suppositions about the nature of reality, we will be too vulnerable to defend against danger. The more traumatic of a childhood one had, the more deeply engrained the beliefs about the lack of safety in the world, and from others.

You are being shown here how to replace those ideas with a new understanding that is the truth of what you desire; to be safe, loved, prosperous, creative, spiritual, kind, joyful, and happy in your life.

It is possible to replace those old beliefs with new ones because these experiences that you truly desire, exist somewhere in consciousness – including within your own consciousness. How do I know - because if you can imagine it you know it. As a test go ahead and think about something you don't know. See it is impossible. Please hear this little message – if you think it – you know it in that greater intelligence that is you and the only requirement to have it is to stop your belief that you can't!

In addition there are others who are having the success you desire and if any one person knows how to be rich and happy, or how to be healthy with kindness, spirituality, and ease or how to speak their truth and be safe, then everyone can have that same experience. – including you

What you discover when you lower your brain waves to **theta** and connect to your greater intelligence in any open potentiality is that you can learn through a “direct-link” of what is possible for your life in many new ways.

Here is the true power of this technique – you no longer have to have experience to learn something new – you can Command that you know it and open yourself to receive it and as it becomes your new ground of neurological, biological and emotional being – then it is part of you and manifests as your reality. Yes you do have to let go of the old-fashioned hard way to learn and to get self-realization. But why not give it up? You can try this “direct-link” and see what happens. If you like this way of creating your life then you can continue to

do so and become proficient in living all of your intelligence and all of who you are. Really that is a grand new adventure.

Once the cells of your body, mind, and emotions receive this new information, then the old programs have fulfilled their function. They have kept you safe up to this point in your in life, and now you can be safe in another way. They can let go and rearrange into a new belief, a new way of living.

The One Command[®] for Success as A New Way of Living

The truth is that there is another way than living at the affect of the mundane world and your unconscious beliefs. When you connect to theta and create from your sacred inner self, then you have power, you are safe, you are able to love and be loved, and you are connected. The struggle ends.

The One Command[®] way of living is creating your reality consciously connected to that greater capacity of who you are. Your better way of living is learning to trust and have faith without evidence; to become the master of your own destiny. This is a shift in your identity in The One Command[®] state of mind. This is a new way to create your life by focusing on that which you wish to create, and to experience the joy within that creation. **Move your attention totally away from that which you no longer wish to create and ask what it is you want instead.**

When you tell the truth about your greater desires and then Command that it is so, you **neurologically retrain your brain** to operate in your greater intelligence connected to infinite possibilities. You find yourself speaking the truth from your greater-self naturally without having to cover your old identity, and it works. The more that you live connected to your Success DNA within, the more you live in freedom, the more you live in prosperity, and the more you receive the good that is yours.

You have an incredible brain. You have an incredible emotional body. You have an incredible intelligence, and when you tap in to your own intelligence and learn to link at will to those undiscovered portions of your mind, then you create your life without fear, and by conscious, rather than unconscious choice.

When you go into the theta brain wave and link to your greatness within you literally become unattached to the story of your life, you become the observer.

That doesn't mean that you aren't passionately involved. You are passionately involved yet non-attached to the story. You have **a greater perspective to observe** and to look at the choices you are making. When you develop your ability to operate in your theta brain wave you are creating new neurological brain patterns; new pathways of thinking, receiving, creating, and expressing.

Neurologically, you literally are de-linking from the old ways your neuro-net and neuro-pathways have been firing based on childhood decisions. **You are physically changing reality within the cells of your body and your DNA.** This is a natural process of discovery.

Children learn by exploring the physical world and making conclusions about **life**. **Now that ability to make new undiscovered conclusions about life can be restored: you can make decisions that are safe, rich, prosperous, healthy, and yours to enjoy.** What would that be like?

See the PDF practice Exercise – Tuning into another while in theta. Try it with a couple of new friends or even strangers and see what happens.

See the PDF practice Exercise – What do You Believe About Your Success and do it with a partner.